



PERSONAL, SOCIAL, HEALTH, AND ECONOMIC EDUCATION (PSHE) POLICY

Last Review Date: **October 2023**
Policy Owner: **P Rich**
Approved by: **W Keat (Curriculum Governor)**
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1. Aims

Personal, social, health, and economic education (referred to as 'PSHE') aims to help our students develop the knowledge, skills and attributes they will need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSHE education helps students to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

These aims are consistent with, and so reinforce, the ethos and general aims of the School and the protected characteristics named under the Equality Act 2010 (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation).

PSHE forms a valuable part of the pastoral system which does not merely support the academic curriculum but has its own educative purpose.

PSHE teaching covers themes which are consistent with guidance from the PSHE Association in line with the [DfE review of PSHE](#) in July 2018. The Programme of Study for Key Stages 3, 4 and 5 are based on three 'core themes' within which there is broad overlap and flexibility:

1. Health and Wellbeing;
2. Relationships;
3. Living in the Wider World.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#). We must also teach health education under the same statutory guidance.

3. Content and delivery

3.1 What we teach

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance.

Please refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject.

For other aspects of PSHE, including health education, see the curriculum map in appendix 1 for more details about what we teach in each year.

3.2 How we teach it

Years 7, 8, 9, 10, 11, 12 and 13 receive 1 hour of PSHE lessons per week delivered by teaching staff. Years 7 and 8 also receive an additional 1 hour of Wellbeing lessons a week. Students will also receive PSHE content via assemblies, whole-school events such as drop-down days or tutor time.

The PSHE scheme of work is one that introduces topics to the students at the appropriate time and that is a spiral/progressive system that allows, in as much as is possible, for specific concepts to be revisited and existing knowledge and understanding built upon. The scheme of work is modular, with many modules being visited in more than one of the years 7-13;

Lessons are delivered following Canbury's own developed PSHE curriculum, based on guidance from the PSHE association, to enable consistent updates of the curriculum where topics are constantly evolving.

Many topics in PSHE lend themselves to cross-curricular teaching, serving to introduce or reinforce aspects of the curriculum. Some aspects of health and sex education will be taught by the biology department and followed up in PSHE lessons. Geography, Business, History, ICT and English lessons may also cover PSHE topics such as environmental issues, world conflict and its effect on individuals, politics, refugees, consumers, racism, the media, online safety etc.

Outside speakers such as The Safer Schools Liaison Team and the rail network may also deliver specific elements of the PSHE curriculum. Help and advice will be sought from a local authority personal careers' advisor including interviews with EHCP students in Year 9, and Year 11 as necessary for their final Annual Review.

A work experience co-ordinator from 'Achieving for Children', who provide children's services for Kingston and Richmond, help to find work experience placements in year 10. We as a school and parents support our 6th formers to find suitable work experience placements.

Due to the nature of the content of PSHE there will be topics that may be controversial or lead to difficult questions from students, those staff delivering the content must ensure that they do not let their personal beliefs and attitudes influence their teaching.

Teachers can raise any concerns about their ability to teach certain areas of the curriculum due to their personal beliefs and attitudes by speaking the Head.

Participating in School Council, which is open to all students, is an opportunity to see 'government' in action and provide opportunities for preparing and presenting an argument.

The above is not exhaustive or exclusive, and all opportunities will be taken to promote personal growth and good citizenship in students.

4. Roles and responsibilities

4.1 The governing board

The governing board will hold the headteacher to account for the implementation of this policy.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE and RSE is taught consistently across the school. Ensuring that those staff delivering PSHE and RSE are suitably qualified and trained.

4.3 Staff

Staff are responsible for:

- Delivering PSHE and RSE in a sensitive way
- Modelling positive attitudes to PSHE and RSE
- Monitoring progress
- Responding to the needs of individual students

The following members of staff deliver PSHE and Wellbeing lessons:

Year 7 PSHE - Mrs Eynon

Year 8 PSHE - Mrs Eynon

Year 9 PSHE - Mrs Eynon

Year 10 PSHE - Mr Barnes

Year 11 PSHE – Mr Barnes

Year 12 & Year 13 PSHE - Mr Hussain

Year 7 and Year 8 Wellbeing – Miss Chorazyczewska

4.4 Students

Students are expected to engage fully in PSHE, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Equal Opportunities and Special Educational Needs

The teaching of PSHE at Canbury operates within the guidelines of the whole school Equal Opportunities Policy and with due regard to the Equality Act 2010 protected characteristics.

Students with special educational needs can generally be catered for in PSHE lessons without the need for special intervention. There are generally no right or wrong answers to the issues raised during these lessons, and any written tasks can be differentiated by outcome. Group work can provide students of differing abilities the opportunity to scaffold and contribute their ideas. The teacher will make an effort to include everyone in discussion through usual classroom management techniques.

If necessary, it is possible to provide support in PSHE and/or RSE lessons for individual students to enable participation and to make sure that the material was understood to the best of the student's ability. Very occasionally, it may be felt to be beneficial for some topics to be taught individually to students with a high level of additional needs.

6. Marking, Recording, Assessment and Reporting to Parents

The teacher will ensure that each student completes a satisfactory amount of work during lessons. If this falls short, then usual consequences will apply at the discretion of the teacher (e.g. staying in at break or lunchtime to complete work or classwork given as homework). However, there is no formal assessment of PSHE. Parents have the opportunity to receive feedback from the PSHE teacher at parent's evenings.

PSHE is not an examinable subject at any time in Key Stage 3, 4 or 5.

No formal homework is set, although students may be asked to do some research or finish class-work from time to time.

7. Monitoring arrangements

The delivery of PSHE is monitored by Mrs Philippa Rich – Acting Head - through:

- Learning walks
- book scrutiny
- meetings with teaching staff
- school council/student voice.

This policy will be reviewed by Mrs Philippa Rich annually. At every review, the policy will be approved by the governing board and Headteacher.

Appendix 1: PSHE Overview

Year 7 - Autumn term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	What is PSHE?				
2	How will we work together?				
3	Starting in secondary school				
4	Making new friends				
5	Evaluating influence				
6	Making healthy choices - personal hygiene				
7	Making healthy choices - eating and sleep				
8	Introduction to First Aid				
9	Introduction to Fire Safety				
10	Personal safety in everyday life				
11	Online Privacy				
12	What do we mean by 'risk'?				
13	How do we manage risky situations?				

Year 7 - Spring term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	What is a community?				
2	Exploring Identities and similarities				
3	Exploring identities and				

	differences				
4	Identifying and understanding bullying				
5	Challenging bullying - the bystander effect				
6	Peer Pressure				
7	Drugs - fact or fiction?				
8	Body image				
9	FGM - Female Genital Mutilation				
10	CEFM - Child Early and Forced Marriage				

Year 7 - Summer term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	How do I plan my future?				
2	All about me				
3	My Interests and Careers				
4	Interests x2				
5	School Subjects at Work				
6	Bodily changes through puberty				
7	Introduction to Periods				
8	Developing sexual awareness				
9	Developing sexuality				
10	Privacy and consent				
11	How do I work best with others?				
12	How can we improve our communication skills?				
13	What do I want and how do I get it?				

Year 8 - Autumn term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Risk and Road Safety				
2	First Aid x1				
3	First Aid x2				
4	First Aid x3				
5	Risking on purpose				
6	Can gambling be good?				
7	Alcohol and smoking/vaping				
8	Drug (mis)use				
9	How can we value each other?				
10	What makes a successful community?				
11	What can cause problems in communities?				
12	Introduction to About Me				
13	Discover Learning Pathways				

Year 8 - Spring term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Discover how your learning style can help you succeed in school and at work				
2	Explore Learning Styles				
3	Know your rights				
4	Media influence - Influencers, gender and pornography				

5	Media Influence on body image				
6	Introduction to Relationships				
7	Introduction to Family relationships				
8	Maintaining healthy family relationships				
9	Healthy Friendships				
10	Romantic Relationships				
11	Physical Intimacy				

Year 8 - Summer term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Unhealthy relationships, boundaries, and consent				
2	Relationships & Intimacy online				
3	Contraception				
4	Online wellbeing - Fake news and echo chambers				
5	Digital Footprints				
6	Online wellbeing: Safety, grooming and self-esteem				
7	Physical and mental wellbeing				
8	Attitudes to mental health				
9	What do I need to plan for?				
10	What opportunities are out there for me?				
11	Breaking down biases and assumptions about careers				

Year 9 - Autumn term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Dealing with change in life				
2	Who can help me keep safe?				
3	Where can I find help on...?				
4	Managing peer pressure				
5	Peer pressure, exploitation and knife crime				
6	Personal safety - Drugs and drug related emergencies				
7	Personal safety - Alcohol and alcohol related emergencies				
8	Online safety - scams and gambling				
9	What do I value and why?				
10	How do I improve my prospects?				
11	What does the law say about work?				
12	Introduction to About Me				

Year 9 - Spring term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Matchmaker Quiz and Careers				
2	Matchmaker Mission Complete and personality quiz				

3	My skills				
4	Cultivating a Positive Relationship with Your Body				
5	Body Image 1 - Depictions of relationships and sexuality				
6	Body Image 2 - Beauty Standards				
7	What happens when relationships break down?				
8	Forms of discrimination and allyship				
9	Discrimination and prejudice				
10	Understanding racism				
11	Racism				

Year 9 Summer term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: economic wellbeing, careers and the world of work	Online Safety
1	Sexual violence and harrasment - PArt 1				
2	Body changes through puberty				
3	Periods - cycle awareness and period poverty				
4	Developing readiness for sex				
5	Contraceptive methods				
6	Consent Part 1				
7	Consent Part 2				
8	Sexual Health and STIs				
9	Study skills, resilience and managing stress				
10	How can I contribute to my				

	community?				
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Year 10 – Autumn term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Promoting emotional health during transition into key stage 4				
2	Promoting emotional wellbeing – core lesson				
3	Conversations about mental health				
4	Mental well being				
5	Online well being				
6	Know your rights				
7	Media influence and gangs				
8	Media Influence, Radicalisation and Extremism				
9	Online stress and FOMO				
10	Recognising your money personality				
11	Value for money				
12	Next steps in your financial journey				
13	Dealing with financial dilemmas				
14	Understanding spending behaviours when gambling				

Year 10 – Spring term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
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		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Marriage and civil partnerships				
2	Becoming a parent				
3	Family relationships and value conflicts				
4	Communication and vulnerability in relationships				
5	Abusive relationships				
6	Sexual violence				
7	Sexual violence - gender stereotypes				
8	Making decisions and about sex				
9	Foetal development, pregnancy and abortion				
10	Selfies exposed				
11	Private pics go public				

Year 10 – Summer term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Making healthy choices - cosmetic and plastic surgery				
2	Making healthy choices - organ donation, vaccines and health clinics				
3	First Aid - CPR, AEDs, wounds and choking				
4	Alcohol and drug misuse				
5	Preparing for the work place experience				

6	Creating influence				
7	Introduction to about me				
8 & 9	Getting experience				
10	Personality styles				

Year 11 – Autumn term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Adulting, self worth and celebrating successes				
2	Connecting with body and emotions mindfully - Stress				
3	Connecting with your body and emotions mindfully - Self-concept and motivation				
4	Gender norms				
5	Gender identities				
6	Identity and mental health				
7	Appreciating diversity				
8	Gender stereotypes and relationships				
9	Introduction to about me				
10	Transition to FE				
11	Work values				
12	Workplace skills and attitudes				

Year 11 – Spring term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety

1	Body image and the Media				
2	Body image dangers				
3	Parenthood and fertility choices				
4	Parenthood and family routes				
5	Developing sexuality and readiness for sex				
6	Consent - pressure and rejection				
7	Grief				
8	Revision skills lesson				
9	Revision skills lesson				
10	Revision skills lesson				

Year 11 – Summer term

Study leave begins.

Year 12 - Autumn term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	How will we work together?				
2	Managing your work in the Sixth Form				
3	Employability and work experience				
4	Getting to know one another and building relationships				
5	How am I settling into Sixth				

	Form?				
6	Online wellbeing - bias and extremism				
7	Managing intimate relationships				
8	Maintaining old and developing new relationships				
9	Ending and improving relationships				
10	Financial literacy				
11	Credit and debit				
12	Financial Planning				
13	ExCel Skills London Event Trip				
14	My money and me				

Year 12 Spring term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	What kind of person do I want to be for and with others?				
2	Sharing with others				
3	Deepening your understanding of consent				
4	Sexual assault and violence				
5	Know your rights - Sexual and reproductive rights				
6	Using social media				

	responsibly				
7	Alcohol and drug misuse - Parties and nights out				
8	Smoking				
9	Conversations about mental health				
10	Wellbeing and mental health				
12	Freedom and diversity				

Year 12 Summer term

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Creating influence - volunteering				
2	Making healthy choices and preventing illness				
3	Personal safety - travelling in the UK and abroad				
4	First aid - Revising basic skills and deepening understanding				
5	Understanding politics in Great Britain - an introduction				
6	Democracy, the Law and mutual respect				
7	Who is my MP? Why should I vote?				
8	Preparing for revision and organising your workspace				
9	UCAS preparation - Sell yourself (CVs and Personal				

	Statements)				
10	Introduction to About Me				
12	Career demand				
13	Work, life balance				

Year 13 Autumn term - To be added

Lesson	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	How will we work together?				
2	Getting to know one another and building relationships				
3	What next? Thinking about the future and leaving home				
4	Introduction to About Me				
5	Career backup plans				
6	Career path choices				
7	Defining success				
8	How to make yourself employable				
9	Building confidence through leadership and courage to fail				
10	How will my education and job choices affect my finances?				
12	Exploring discrimination and inclusion				
13	Norms, values and behaviour				
	Consent				

Year 13 Spring term - To be added

Less on	Lesson Topic/Overview	Aspects of Curriculum covered			
		Health and Wellbeing	Relationships	Living in the wider world: <i>economic wellbeing, careers and the world of work</i>	Online Safety
1	Sexual health - condoms				
2	Sexual health - stealthing				
3	Developing sexual readiness - pleasure				
4	Parenthood and Fertility - Discussing contraception and accessing emergency contraception				
5	Staying healthy				
6	Appreciating diversity				
7	Exploring privilege				
8	Connecting with body and emotions mindfully				
9	Looking after your body - healthy food and exercise				
10	Preparing for revision and organising your workspace				

Year 13 Summer term

Study Leave begins