

BTEC Sport Curriculum Overview 2023- 2024

Level 1/ 2 Tech Award in Sport

GCSE/ BTEC Information

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| Exam board | |
| Units / papers students are entered for | |
| Key Assessment Dates | |
| Topics covered in Yr10 Autumn term | <u>Component 1:</u> LAA- Types of providers and activities <u>Component 3:</u> LAA- Components of Fitness |
| Topics covered in Yr10 Spring term | |
| Topics covered in Yr10 Summer term | |
| Topics covered in Yr11 Autumn term | |
| Topics covered in Yr11 Spring term | |
| Topics covered in Yr11 Summer term | |
| Useful resources to support learning in | |

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|---------------------|--|
| <p>this subject</p> | |
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| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| Year 10 | <p><u>Component 1:</u> LAA- Types of providers and activities</p> <p><u>Component 3:</u> LAA- Components of Fitness</p> | <p><u>Component 1:</u> LAB- Sports Clothing & Equipment LAC- Warm- up</p> <p><u>Component 3:</u> LAB- Fitness Tests</p> | <p>Component 1 PSA</p> <p><u>Component 3:</u> LAB- Fitness Tests</p> | <p><u>Component 2:</u> LAA- Components of Fitness</p> <p><u>Component 3:</u> LAC- Training Methods</p> | <p><u>Component 2:</u> LAB- Participate in Sport</p> <p><u>Component 3:</u> LAC- Training Methods</p> | <p><u>Component 2:</u> LAC- Improving performance</p> <p><u>Component 3:</u> LAD- Fitness Programming</p> |
| Year 11 | <p>Component 2 PSA</p> <p><u>Component 3:</u> LAD- Fitness Programming</p> | <p><u>Component 3:</u> Recap</p> <p>Component 3 Mock</p> | <p>Component 3 External Exam (First take)</p> <p><u>Component 3:</u> Recap</p> <p><u>Component 1 or 2 resit (if necessary)</u></p> | <p><u>Component 3:</u> Recap</p> | <p>Component 3 External Exam (resit- if necessary)</p> | <p><i>End of course</i></p> |