

Key Stage 3 Information

Key Assessment Dates	There is no formal assessment in this subject.
Topics covered in Yr7 Autumn term	<p>What is PSHE?</p> <p>Transition to Secondary school</p> <p>Making friends - healthy and unhealthy friendships</p> <p>Maintaining hygiene and dental health</p> <p>Importance of sleep</p> <p>Basic first aid</p> <p>Basic fire safety</p> <p>Personal safety</p> <p>Basic online safety</p> <p>Managing risk in everyday life</p>
Topics covered in Yr7 Spring term	<p>Living in a community</p> <p>Exploring personal identity</p> <p>Awareness of stereotyping, prejudice and discrimination</p> <p>Bullying and its impact</p> <p>Peer pressure</p> <p>Drugs and the law</p> <p>Body image</p> <p>FGM - Female Genital Mutilation</p> <p>CEFM - Child Early and Forced Marriage</p>
Topics covered in Yr7 Summer term	<p>Roles and responsibilities people have in society</p> <p>Understanding of self and future goals</p> <p>Careers and interests</p> <p>Careers and school subjects</p> <p>Bodily changes through puberty</p> <p>Introduction to Periods</p> <p>Developing sexual awareness</p> <p>Privacy and consent</p> <p>Listening skills</p> <p>Building positive relationships</p>
Topics covered in Yr8 Autumn term	<p>Risk and Road Safety</p> <p>First aid</p> <p>Risking on purpose</p> <p>Impact of gambling</p> <p>Alcohol and smoking/vaping</p> <p>Drug (mis)use</p> <p>Exploring different communities and common experiences</p> <p>Careers and different pathways</p>
Topics covered in Yr8 Spring term	<p>Understanding children's rights</p> <p>Media influence - Influencers, gender and pornography</p> <p>Media Influence on body image</p>

	<p>Introduction to Relationships</p> <p>Family relationships</p> <p>Healthy Friendships</p> <p>Romantic Relationships</p> <p>Physical Intimacy</p>
Topics covered in Yr8 Summer term	<p>Unhealthy relationships, boundaries, and consent</p> <p>Relationships & Intimacy online</p> <p>Contraception</p> <p>Online wellbeing - Fake news and echo chambers</p> <p>Digital Footprints</p> <p>Online wellbeing: Safety, grooming and self-esteem</p> <p>Links between mental and physical health</p> <p>Attitudes to mental health</p> <p>Skills and abilities linked to careers</p> <p>Career choices</p> <p>Breaking down biases and assumptions about careers</p>
Topics covered in Yr9 Autumn term	<p>Dealing with change in life</p> <p>Keeping safe</p> <p>Finding help and support</p> <p>Managing peer pressure</p> <p>Peer pressure, exploitation and knife crime</p> <p>Drugs and drug related emergencies</p> <p>Alcohol and alcohol related emergencies</p> <p>Online safety - scams and gambling</p> <p>My values</p> <p>Careers and jobs</p> <p>The law and work</p>
Topics covered in Yr9 Spring term	<p>Looking to work skills</p> <p>Cultivating a Positive Relationship with Your Body</p> <p>Depictions of relationships and sexuality</p> <p>Beauty standards</p> <p>Dealing with when relationships break down</p> <p>Forms of discrimination and allyship</p> <p>Discrimination and Prejudice</p> <p>Understanding racism</p> <p>Anti-racism</p> <p>Sexual Violence and Harassment</p>
Topics covered in Yr9 Summer term	<p>Sexual Violence and Harassment</p> <p>Body changes through puberty</p> <p>Cycle Awareness and Period Poverty</p> <p>Developing readiness for sex</p> <p>Contraceptive methods</p> <p>Consent</p> <p>Sexual Health and STIs</p>

	<p>Study skills, resilience and managing stress</p> <p>Contributing to the community</p>
Useful resources to support learning in this subject	<p>Guidelines on the content https://pshe-association.org.uk/</p> <p>BBC Bitesize for useful videos and additional resources to support the topics covers in school https://www.bbc.co.uk/teach/ks3-pshe-modern-studies/zdt3jhy</p> <p>Resources for children and their carers on online safety https://www.thinkuknow.co.uk/</p> <p>Mental health advice and resources for both children and their carers https://www.youngminds.org.uk/</p> <p>Relationships and sex education advice for parents https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/</p> <p>Xello (our carers platform) launch page - click the grey cog with 'student' written in it https://sites.google.com/canburyschool.co.uk/launch?pli=1</p>

Year 10 and 11 Information

Key Assessment Dates	There is no formal assessment in this subject.
Topics covered in Yr10 Autumn term	<p>Promoting emotional health during transition</p> <p>Mental wellbeing</p> <p>Online wellbeing</p> <p>Knowing your rights</p> <p>Media influence and gangs</p> <p>Media Influence, Radicalisation and Extremism</p> <p>Online stress and FOMO</p> <p>Recognising your money personality</p> <p>Value for money</p> <p>Bank accounts</p> <p>Dealing with financial dilemmas</p> <p>Understanding spending behaviours when gambling</p>
Topics covered in Yr10 Spring term	<p>Marriage and civil partnerships</p> <p>Becoming a parent</p> <p>Family relationships and value conflicts</p> <p>Communication and vulnerability in relationships</p>

	<p>Abusive relationships Sexual violence Gender stereotypes Making decisions about sex Foetal development, pregnancy and abortion Online safety - Selfies and nude photos</p>
Topics covered in Yr10 Summer term	<p>Cosmetic and plastic surgery Organ donation, vaccines and health clinics First Aid - CPR, AEDs, wounds and choking Alcohol and Drug Misuse Preparing for the work experience placement Creating influence Exploring future carers Personality Styles</p>
Topics covered in Yr11 Autumn term	<p>Adulting, self worth and celebrating successes Connecting with body and emotions mindfully - Stress Self-concept and motivation Gender norms Gender identities Identity and mental health Appreciating diversity Gender stereotypes and relationships Transition to FE Work Values Workplace Skills and Attitudes</p>
Topics covered in Yr11 Spring term	<p>Body image and the media Body image dangers Parenthood and fertility choices Parenthood and family - routes Developing sexuality and readiness for sex Consent - Pressure and rejection Sexual Health and STIs Grief Revision Skills Lessons</p>
Topics covered in Yr11 Summer term	None due to study leave
Useful resources to support learning in this subject	<p>Guidelines on the content https://pshe-association.org.uk/</p> <p>BBC Bitesize for useful videos and additional resources to support the topics covers in school https://www.bbc.co.uk/teach/gcse-national-5-pshe-modern-studies/zfwtrj6</p> <p>Resources for children and their carers on online safety https://www.thinkuknow.co.uk/</p>

	<p>Mental health advice and resources for both children and their carers https://www.youngminds.org.uk/</p> <p>Support service for young people covering mental health, money, from homelessness to finding a job, from break-ups to drugs. https://www.themix.org.uk/</p> <p>Financial advice site https://www.moneyhelper.org.uk/en</p> <p>Xello (our carers platform) launch page - click the grey cog with 'student' written in it https://sites.google.com/canburyschool.co.uk/launch?pli=1</p>
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6th Form Information

Key Assessment Dates	There is no formal assessment in this subject.
Topics covered in Yr12 Autumn term	<p>Working together</p> <p>Managing your work in the 6th Form</p> <p>Employability and work experience</p> <p>Getting to know one another and building friendships</p> <p>Settling into the 6th Form</p> <p>Online wellbeing - Bias and extremism</p> <p>Managing intimate relationships</p> <p>Maintaining old and developing new relationships</p> <p>Ending and improving relationships</p> <p>Financial Literacy</p> <p>Credit and Debit</p> <p>Financial Planning</p> <p>Carers fair</p> <p>Mortgages, pensions, taxes and wages</p>
Topics covered in Yr12 Spring term	<p>Your values and how it impacts the decisions you make</p> <p>Sharing with others</p> <p>Deepening your understanding of consent</p> <p>Sexual assault and violence</p> <p>Sexual and reproductive rights</p> <p>Using social media responsibly</p> <p>Alcohol and drug misuse - Parties and nights out</p> <p>Smoking</p> <p>Conversations about mental health</p> <p>Wellbeing and mental health</p>

	Freedom and Diversity
Topics covered in Yr12 Summer term	<p>Volunteering</p> <p>Making healthy choices and preventing illness</p> <p>Personal safety - Travelling in the UK and abroad</p> <p>First aid - Revising basic skills and deepening understanding</p> <p>Understanding politics in Great Britain - an introduction</p> <p>Democracy, The Law and Mutual Respect</p> <p>Who is my MP?</p> <p>Why should I vote?</p> <p>Preparing for revision and organising your workspace</p> <p>UCAS preparation - Sell yourself (CVs and Personal Statements)</p> <p>Career Demand</p> <p>Work/Life Balance</p>
Topics covered in Yr13 Autumn term	<p>Working together</p> <p>Getting to know one another and building friendships</p> <p>Thinking about the future and leaving home</p> <p>Career Backup Plans</p> <p>Career Path Choices</p> <p>Defining Success</p> <p>How to make yourself employable</p> <p>Building confidence through leadership and courage to fail</p> <p>Education and job choices and how it affects finances</p> <p>Exploring discrimination and inclusion</p> <p>Norms, values and behaviour</p> <p>Consent</p>
Topics covered in Yr13 Spring term	<p>Sexual Health - Condoms</p> <p>Sexual Health - Stealthing</p> <p>Developing sexual readiness - Pleasure</p> <p>Parenthood and Fertility - Discussing contraception and accessing emergency contraception</p> <p>Staying healthy</p> <p>Appreciating diversity</p> <p>Exploring privilege</p> <p>Connecting with body and emotions mindfully</p> <p>Looking After Your Body - Healthy food and exercise</p> <p>Preparing for revision and organising your workspace</p>
Topics covered in Yr13 Summer term	None due to study leave
Useful resources to support learning in this subject	<p>Guidelines on the content https://pshe-association.org.uk/</p> <p>Resources for children and their carers on online safety https://www.thinkuknow.co.uk/</p> <p>Mental health advice and resources for both children and their carers</p>

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