

# Social Skills

## Year 7 & 8 Spring Term 1

INSTRUCTION, MODEL, REHEARSAL, FEEDBACK

	<b>Year 7 &amp; 8 - Talkabout for Teenagers</b> <b>Aim - To develop students' social skills</b>	<b>Dates: Y7</b> <b>Tuesday P4</b> <b>KBB/KL</b>	<b>Dates: Y8</b> <b>Monday P1</b> <b>KBB</b>
<b>Week 1</b>	<b>Topic: How we feel about ourselves changes the way we behave in certain situations</b>  <b>Objective:</b> To notice how feelings can affect behaviour. To demonstrate understanding of this using scenarios with characters and with students' own examples.  <b>Starter:</b> p.27 <b>Activity 1:</b> p.40 <b>Activity 2:</b> p.41-42  <b>Resource:</b> Talkabout for Teenagers p.27, 39-42	<b>KL</b>	<b>KL</b>
<b>Week 2</b>	<b>Topic: Things that make me feel good / bad</b>  <b>Objective:</b> To notice how the feelings in self impacts one's own behaviour choices. To identify things that can make us feel better or worse.  <b>Activity 1:</b> p.48-50 <b>Activity 2:</b> p.51 <b>Activity 3:</b> p.46  <b>Resource:</b> Talkabout for Teenagers p.46, 48-51	<b>KL</b>	<b>KL</b>
<b>Week 3</b>	<b>Topic: Understanding my emotions</b>  <b>Objective:</b> To identify own emotions using emotion wheel and survey. To understand how emotions impact one's own behaviour choices. To reflect on behaviour choices in an upsetting or happy situation.  <b>Activity 1:</b> emotion wheel and survey <b>Activity 2:</b> analyse own example of an upsetting or happy situation	<b>KL</b>	<b>KL</b>

	<b>Resource:</b> Talkabout for Teenagers p.53-55		
<b>Week 4</b>	<p><b>Topic: Working Together in a Group</b></p> <p><b>Objective:</b> To learn to observe and pay attention to others. To work together in a group to complete a task.</p> <p><b>Activity 1:</b> Create a revision poster about Understanding Emotions</p> <p><b>Resource: Own resource</b></p>	<b>KBB</b>	<b>KBB</b>
<b>Week 5</b>	<p><b>Topic: Coping with my feelings / All about me / Moving forward</b></p> <p><b>Objective:</b> To learn a strategy to cope with big feelings (STOP) and complete a self-reflection sheet to set a goal related to improving social skills.</p> <p><b>Activity 1:</b> STOP / Coping with my feelings worksheet</p> <p><b>Activity 2:</b> All about me / Moving forward worksheet</p> <p><b>Resource:</b> Talkabout for Teenagers p.56-57, 59-60</p>	<b>KL</b>	<b>KL</b>

## Year 7 & 8 Spring Term 2

	<b>Year 7 &amp; 8 - Talkabout for Teenagers</b> <b>Aim - To develop students' social skills</b>	<b>Dates: Y7</b> <b>Tuesday P4</b> <b>KBB/KL</b>	<b>Dates: Y8</b> <b>Monday P1</b> <b>KBB</b>
<b>Week 6</b>	<p><b>Topic:</b></p> <p><b>Objective:</b></p> <p><b>Starter:</b></p> <p><b>Activity 1:</b></p> <p><b>Activity 2:</b></p> <p><b>Resource:</b></p>		<b>KBB</b>
<b>Week 7</b>	<b>Topic:</b>		<b>KL</b>

	<b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>		
<b>Week 8</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>		<b>KBB</b>
<b>Week 9</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>		<b>KL</b>
<b>Week 10</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Discussion:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>		<b>KBB</b>
<b>Week 11</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>		<b>KL</b>



# Social Skills

## Year 9 Spring Term 1

INSTRUCTION, MODEL, REHEARSAL, FEEDBACK

	<b>Year 9 - Think Social!</b> <b>Aim - To develop students' social skills</b>	<b>Dates: Y9</b> <b>Monday P2</b> <b>KBB/KL</b>
<b>Week 1</b>	<p><b>Topic: Our behaviour impacts the feelings of those around us (Lesson 2)</b></p> <p><b>Objective:</b> Demonstrate understanding of feelings/emotions impacting behaviour through identifying emotions and written self reflection exercise analysing own feelings and consequent behaviour/choices.</p> <p><b>Starter: Discussion - How was your holiday?</b></p> <p><b>Activity 1:</b> Expected vs unexpected behaviour? Self reflection/self awareness task</p> <p><b>Activity 2:</b> Identifying emotions</p> <p><b>Activity 3:</b> Analyse impact of feelings on behaviour</p> <p><b>Resource: Think Social! p.40-41</b></p>	<b>KBB</b>
<b>Week 2</b>	<p><b>Topic: Play games of imitation to show how a group works together (Lesson 3)</b></p> <p><b>Objective:</b> To learn to observe and pay attention to others. To work together in a group to complete a task.</p> <p><b>Starter: Complete worksheet from last week.</b></p> <p><b>Activity 1:</b> Charades - observe and pay attention to others.</p> <p><b>Activity 2:</b> Survival game (Moon Landing/Lost at Sea), working together to earn HP.</p> <p><b>Resource: Think Social! p.42-43</b></p>	<b>KL</b>
<b>Week 3</b>	<p><b>Topic: Play games of imitation to show how a group works together (Lesson 3 continued)</b></p> <p><b>Objective:</b> To learn to observe and pay attention to others. To work together in a group to complete a task.</p> <p><b>Activity 1:</b> Charades - observe and pay attention to others.</p> <p><b>Activity 2:</b> Survival game (Moon Landing / Lost at Sea), working together to earn HP. Students to complete the task they did</p>	<b>KL</b>

	<p>not do last week.</p> <p><b>Activity 3:</b> Complete their worksheet noticing what skills are most important in the above activities.</p> <p><b>Resource: Think Social! p.42-43</b></p>	
<b>Week 4</b>	<p><b>Topic: Working Together in a Group</b></p> <p><b>Objective:</b> To learn to observe and pay attention to others. To work together in a group to complete a task.</p> <p><b>Activity 1:</b> Create a revision poster with a topic of choice: Communication. Understanding Emotions or Working Together in a Group.</p> <p><b>Resource: Own resource</b></p>	<b>KBB</b>
<b>Week 5</b>	<p><b>Topic: Communicating in a Social Group</b></p> <p><b>Objective:</b> To demonstrate social skills of listening (looking), turn-taking in conversation, good humour and sportsmanship (phrases) when playing games.</p> <p><b>Differentiation:</b> 'Guess Who' for more scripted conversation for those who struggle to speak in a group setting.</p> <p><b>Resource: Own resource</b></p>	<b>KL</b>

## Year 9 Spring Term 2

	<p><b>Year 9 - Think Social!</b></p> <p><b>Aim - To develop students' social skills</b></p>	<p><b>Dates: Y9</b> <b>Monday P2</b> <b>KBB/KL</b></p>
<b>Week 6</b>	<p><b>Topic:</b></p> <p><b>Objective:</b></p> <p><b>Starter:</b></p> <p><b>Activity 1:</b></p> <p><b>Activity 2:</b></p> <p><b>Resource:</b></p>	<b>KL</b>
<b>Week 7</b>	<p><b>Topic:</b></p> <p><b>Objective:</b></p>	<b>KBB</b>

	<b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>	
<b>Week 8</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>	<b>KL</b>
<b>Week 9</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>	<b>KBB</b>
<b>Week 10</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Discussion:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>	<b>KL</b>
<b>Week 11</b>	<b>Topic:</b>  <b>Objective:</b>  <b>Starter:</b> <b>Activity 1:</b> <b>Activity 2:</b>  <b>Resource:</b>	<b>KBB</b>

